

Peter Pan's Press

Gosh the half term flew by! I hope you're all enjoying the half term break. I've shared on our facebook page a few links to places offering discounted or free children's meals if you're out and about.

Last week for group time the children made doctor's bags, cutting out different items to stick in their bags. As a group, the listening and attention and joining in these activities is really coming on, and it was great to see them answering questions about what they'd chosen to put in their bags, and also some really impressive cutting skills developing.

For the afternoon focus activity, it was cooking week, and we made salad skewers - it's always really interesting to see what the children are keen to eat when they've made it themselves and some of our particularly fussy eaters were munching on tomatoes and cucumber where they usually say they don't like it!



On the topic of fussy eaters, we were visited by one of the local health visiting team and they shared some guidance and support on how we as a setting can promote healthy eating and also what you can be doing at home. Ideally, a sandwich or pasta or other carbohydrate, plus some fruit and vegetables and a yoghurt or cheese ensures your child is eating from all the food groups they need during lunch time.

They gave me these links to share:

<https://www.nutrition.org.uk/putting-it-into-practice/make-healthier-choices/healthy-packed-lunches/>

<https://www.bbcgoodfood.com/recipes/collection/school-lunch-recipes>

<https://www.henry.org.uk/>

<https://www.nhs.uk/healthier-families/>

If you're looking for things to do this half term, there are some ideas of activities you can do together on these different pages

<https://www.familycorner.co.uk/>

<https://www.surreycc.gov.uk/children/support-and-advice/families/education-and-learning-advice-for-families/early-learning>

<https://www.nhs.uk/start-for-life/toddler/learning-to-talk/learning-to-talk-2-to-3-years/>

The National Trust are offering free days out this autumn, with further information available here

<https://www.nationaltrust.org.uk/visit/escape-into-autumn>

Absence - if your child is unwell or will be missing playschool for any reason, please either email in advance or text on the morning 07908 018924 to let us know, and ideally let us know what they're unwell with so we can notify other parents if there's a potential risk to be aware of. If we don't hear from you, we have a legal duty to try to contact you to ensure your child and yourself are safe and well.

Admissions - We are really busy this year and next year, and are currently taking admissions from September 2025 onwards. Please ensure you request any additional sessions you may need as soon as possible to avoid disappointment and sign up any siblings as early as possible.



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